

## **SUMMER WAVES!**

at Waves of Transformation Wellness Center

The days are long, the water is getting warmer, and school is OUT! What better way to enjoy your time at the beach, in the ocean, and out of doors than with a body that is vital and healthy?

Dr. Donna and Dr. Dan are ready to get you *tuned in* so that when you paddle out, whether it's into the surf, to the next BBQ, or diving into the stress of work and life, you're ready to ride. See you soon!

732-244-5008



**Office Hours** 

MON 9:00-11:30 2:30- 5:30

TUE 2:30- 5:30

WED 9:00-11:30 2:30- 5:30

THURS 2:30- 5:30

FRI 9:00-11:30

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